

[PDF] The Everything Healthy Slow Cooker Cookbook (Everything

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Description:

About the Author Rachel Rappaport is a recipe creator, cooking teacher, and blogger. Her blog, Coconut & Lime (*coconutlime.blogspot.com*), was named one of the top fifty food blogs in the world by MSN's Delish.com. Receiving an average of 100,000 visitors per month, Coconut & Lime is the only blog that features exclusively original recipes. Rappaport writes a column for *Taste of the Bay* magazine about using local seasonal ingredients, and her recipes (as well as her thoughts on food) have been featured in such diverse outlets as NPR.org, the *Baltimore Sun*, the *LA Times*, WashingtonPost.com, and the *New York Sun*.

B. E. Horton, MS, RD is a registered dietician with several years of kitchen and foodservice work

experience. A graduate of the University of Vermont, she obtained her registered dietitian certificate before pursuing a master's degree in nutrition communication at Tufts University's Friedman School of Nutrition and Science Policy.

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